



YOUR RESERVATION FOR SLEEP HEALTH

*Begins
Here*

 *Elliot Sleep Evaluation Center*

ATHOMEWOOD SUITES
a hotel by Hilton

Elliot Sleep Evaluation Center

Located within Homewood Suites provides patients' with many *benefits*.

- As a hotel guest, you will experience a more restful, comfortable sleep without the noises and interruptions of a hospital stay.
- Sleeping at a hotel reduces the anxiety of coming to the Hospital for a sleep study.
- You will be treated like a guest and cared for like a patient.
- You will also be treated to the amenities that can only be found in a hotel setting and not in a Hospital.

Our *Providers and Staff*

- Board-certified sleep specialists diagnose and treat the full range of sleep disorders.
- Working with your physician, our sleep specialists will develop a treatment plan to fit your needs.
- A state of the art diagnostic system provides a high quality, medical test.
- Treatments for sleep disorders may include the use of a simple medical device, medication or lifestyle changes.

A Restful Night's *Sleep*

- Although Homewood Suites is located near the Manchester/Boston Regional Airport, your sleep will not be affected by air traffic.
- Special consideration was taken in the construction of the Homewood Suites in 2005 to provide guests with a peaceful, quiet sleep.
- Each suite has earned designation as a “noise-free” room.

We are easy to get to.



Plenty of parking.



Directions to Homewood Suites, Manchester

From Manchester Airport –
Go west on Airport Rd. and
turn right onto Perimeter Rd.
The hotel is on the right.

From I-293/101W – Take Exit 2
Brown Ave. and follow signs
to the airport. Turn left
onto Perimeter Rd. and
the hotel is on the right.



Elliot Sleep Evaluation Center

Homewood Suites by Hilton®, Manchester/Airport

1000 Perimeter Road, Manchester, NH 03103

For additional information, please call (603) 663-6680

Elliot Health System is a non-profit organization serving your healthcare needs since 1890

Check In

- Check In at the Homewood Suites Main Lobby by giving them your **reservation letter**.



Your **Reservation Letter**

- Remember to bring with you the **reservation letter** from the Elliot Sleep Evaluation Center.
- This letter is your room reservation.
Please, remember to bring it!
- You'll notice that it **has a suite number** and not your name on it. This is so that we may protect your privacy.

Your Reservation Letter looks like...

Elliot Sleep Evaluation Center

At Homewood Suites by Hilton
1000 Perimeter Road
Manchester, NH

Your reservation for Sleep Health begins here at the Elliot Sleep Evaluation Center located within the Homewood Suites.

Should you need to reschedule, please contact us 48 hours prior to your arrival at 663-6680.

Directions to Homewood Suites, Manchester
From I-293/101 W, take Exit 2/Brown Avenue and follow signs to the Airport. Turn left onto Perimeter Rd. Hotel is on the right.

Room Number: EHS

Appointment:

Arrival Date:

Discharge Time: No later than 8 AM

Prior to your scheduled appointment please call the pre registration department at 663-6663.

The Elliot Sleep Evaluation Center is located within the Homewood Suites, 1000 Perimeter Road in Manchester.


Upon arrival to Homewood Suites, please hand your reservation to the Front Desk attendant. You will be given a keycard that will give you secured access to the Sleep Center as well as your room. Make yourself comfortable and your Sleep Technologist will knock on your door at your scheduled study time.

Thank you for choosing the Elliot Hospital Sleep Evaluation as your partner in health. You will be discharged by 8 AM at which time you will have the amenities of the hotel available to you. **Please bring all of your belongings with you as access to the Sleep Center expires upon discharge.**

For office use only

Rooms: 1
Guests: 1 Adult

Room Number:



At Check In you will
receive a **key access card**.

- This card will give you access to the business center, fitness and pool as well as the **Elliot Sleep Evaluation wing and your room**.

- Please access the **Elliot Sleep Evaluation Center** wing located on the first floor at your **scheduled study time**.

Things to bring with you

- Comfortable **pajamas**/night clothing (cotton preferred), robe and slippers.
- Feel free to bring your favorite **pillow**.
- Please remove any jewelry or other objects that may interfere with your procedures.
- Bring your **preferred toiletries**.

Hotel **amenities** are available to you as **our guest.**



Homewood Suites Dining Area



Monday-Thursday

5 to 7 p.m.

Before accessing the wing for your sleep study, enjoy a family-style, complimentary, light meal.

Or after discharge, start your new day with...



a **complimentary hot breakfast buffet** that is available seven days a week from 6:30 a.m. to 9:00 a.m.

Our location is...

- separate in a **secure wing** on the first floor.

Each suite **is equipped** with...

- a remote-control television, basic cable
- full-size bath with shower and hair dryer
- refrigerator
- living room

Our spacious suites feature enough space to provide you all the **comforts of home.**



For our **pediatric patients...**

- A **two bedroom suite** with a living room and age appropriate toys will make this **sleep over** one children will **look forward** to.
- You may want to plan a **swim** either **before or after** the sleep study.



Our **Specialty Suite** at Elliot Sleep Evaluation Center

- American Disability Accessibility Requirements are met.



Let's review...

- Your sleep study will be **at the Homewood Suites**, 1000 Perimeter Road in Manchester.
- You will **need the reservation letter** which is your reservation.
- Access the wing **only** at your scheduled study time.
- Use amenities such as the pool or dinner **before** entering the wing or after the study.
- Bring your **pajamas** (cotton), robe, slippers and toothbrush.

Once the sleep study has
concluded...

- You'll have time to change and pack.
- Please **return the access card** to the Desk in the Main Lobby
- Once you leave the Suite, you cannot re-enter.
- Your sleep study will be reviewed by our staff.
- You will be contacted by your provider for follow up.

We look forward to having you join **us**.

 The Elliot.
Live Better!