

EXPERT CANCER CARE, CLOSE TO HOME



 **DANA-FARBER**
CANCER INSTITUTE
 New
Hampshire
Oncology-
Hematology
Dana-Farber/New Hampshire Oncology-Hematology



Easing the burden of cancer treatment by providing expert cancer care close to home has been the mission of Dana-Farber/New Hampshire Oncology-Hematology (Dana-Farber/NHOH) since it opened in Londonderry in 2008. Experienced doctors, highly trained oncology nurses and compassionate support staff deliver medical oncology therapy in a warm, friendly environment. “The combination of Dana-Farber – an academic medical center and the region’s leading cancer center – with trusted, well-respected local oncologists offers patients the latest in cancer treatments with the added convenience of staying close to home,” explains Frederick Briccetti, MD, medical director of the Londonderry center.

UNIQUE CLINICAL SERVICES

In addition to medical oncology treatments, Dana-Farber/NHOH provides many specialized programs that go beyond traditional therapy and leverage the expertise and experience of the Dana-Farber team in Boston. Examples include the second opinion clinics, genetic counseling program, and the survivorship program.

With its close link to Dana-Farber, the Londonderry physician team has many opportunities to discuss cases with disease specialists in Boston. In addition, the center offers monthly second opinion clinics in breast cancer, thoracic cancer and lymphoma. During these clinics, patients and their physicians can meet with Boston sub specialists to discuss their diagnoses and treatment plans. “These clinics are a great opportunity for any patient – whether they are being treated at our Londonderry center or at another facility – to discuss their diagnoses and treatment plans with experts in that particular type of cancer,” comments Briccetti.

The genetic counseling program helps patients, whose family history may put them at a higher risk for certain types of cancer, assess and manage risk. Patients meet with a genetic counselor to

review their family health history and conduct a risk assessment. If appropriate, patients may undergo genetic testing to determine if a hereditary predisposition for a particular type of cancer can be identified.

Another specialized program at Dana-Farber/NHOH is the survivorship program, which addresses the needs of patients who have completed cancer treatment. Survivorship experts at Dana-Farber/NHOH work with patients to develop personalized care plans that address survivors’ unique medical and psychological needs, identify recommended screening tests, and help manage long-term or late effects of cancer treatment. This program is available to any patient who has completed cancer treatment, regardless of where they were treated.

While Dana-Farber/NHOH offers medical oncology care, Elliot Regional Cancer Center – located immediately adjacent to DF/NHOH on Buttrick Road – offers radiation therapy. “We are very pleased that patients who also require radiation therapy have the option of receiving it at a nearby, convenient location,” says Briccetti.

A RESOURCE FOR THE COMMUNITY

Dana-Farber/NHOH is a cancer care resource for the entire community. Through support groups, education programs, and an on-site resource room, members of the community can tap into knowledge and support that is close to home. Support groups meet regularly for patients, survivors, family members, and caregivers.

Dana-Farber/NHOH also works to help patients and members of the community maintain a healthy lifestyle through healthy eating. In addition to working with patients to develop a healthy diet that can help manage the effects of treatment, Dana-Farber/NHOH’s dietitian offers frequent classes for the general public about the role of nutrition and a healthy lifestyle in cancer prevention and survivorship. Additional courses focus on the use of supplements for cancer prevention.

“We really have a diverse set of knowledge here – in nutrition, spiritual care, social support, and more. And we want to be a resource not only for our patients and families, but for members of the general community as well,” notes Joyce Austin, MSW, LICSW, the social worker in Londonderry. “So we invite members of the community to attend one of our support groups or education courses, or to visit the on-site resource room for information about cancer and cancer treatment.”

For a schedule of events, visit www.dana-farber.org/londonderry. Dana-Farber/NHOH accepts all major insurances. To learn more or to make an appointment, call 552-9100 or visit www.dana-farber.org/londonderry.