



For more information contact:
Melissa Ballard Sullivan
(603) 663-2983
sulliva9@elliott-hs.org

For Immediate Release

ELLIOT IS THE FIRST TO OFFER HOSPITAL-WIDE ROOM SERVICE

Manchester, NH---New moms have enjoyed room service for years. Now, patients hospitalized at Elliot can enjoy freshly prepared meals, made to order and delivered directly to their rooms at no extra cost. “We’re engaging patients in making their own food selections by offering a more personalized dining experience. Patients can eat what they like, when they feel like eating,” explained Joseph Stanislaw, Director of Food and Nutrition at Elliot Hospital.

Whether patients’ crave a hot slice of hand tossed pizza, grilled salmon, or gluten free chocolate chip cookies, they can select their meals and snacks from an expansive restaurant style menu. Elliot’s room service menu features a large selection of low salt, heart healthy options as well as a large variety of gluten free meals. For insulin dependent patients, the menu features information on grams of carbohydrates. Healthy foods, comfort foods and specialty diet selections are available and breakfast is served all day.



Room service is easy to use. Upon admission, the admitting nurse will orient the patient with the room service program. If a patient or family member is unable to order the meals, a nutrition assistant will visit the patient and place their order with a handheld computer. Calls can be placed between 6:30 a.m. and 6 p.m. The patient will receive their meal within 45 minutes. Meals are delivered between 7 a.m. and 6:45 p.m. “It’s been studied, if patients have control over what they eat, they are more likely to eat and gain the nutritional value they need to heal,” added Stanislaw.

The Room Service program interfaces with the patients’ medical record so that diet orders and food allergies are automatically viewed by the call center staff at the time of ordering.

Family and visitors are invited to visit the Elliot Commons Cafeteria on the ground floor of the hospital which is open daily from 7 a.m. to 7 p.m.

###

Elliot Health System is a non-profit organization serving your healthcare needs since 1890. The largest provider of comprehensive healthcare services in Southern New Hampshire, Elliot Hospital, a 296-bed acute care facility and the first community hospital in the state, serves as

the cornerstone of the health system. Elliot is home to Manchester's designated Regional Trauma Center and Pediatric Emergency Department, Elliot Breast Health Center, Elliot Urgent Care, a Level 3 Newborn Intensive Care Unit, Elliot Physician Network, Elliot Regional Cancer Center, the Elliot Senior Health Center, Visiting Nurse Association of Manchester and Southern New Hampshire, and Elliot 1-Day Surgery Center. For more information on any of Elliot's services, call Elliot On-Call at 663-4567 or visit www.elliospital.org.