

**FOR IMMEDIATE RELEASE**  
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**For more information contact:**  
Anne-Marie Hafeman  
Public Affairs and Marketing  
603-663-2984

## **ELLIOT SENIOR HEALTH CENTER CELEBRATES FIVE YEARS OF CARING FOR THE SENIOR COMMUNITY**



*Manchester, NH* – The Elliot Senior Health Center celebrated its 5-year anniversary with over 250 guests on Thursday, June 28. Patients, gym members, volunteers, staff and friends enjoyed a barbeque luncheon, raffles and dancing to the sounds of DJ Dennis Desrosiers.

The Center opened its doors to the senior community in June 2002 as one of the first facilities in the country to offer comprehensive health services to the 50+ population, all under one roof. Elliot opened the center to address the lack of specialized services for the quickly growing population of seniors in the Greater Manchester community. Services include Elliot Senior Health Primary Care, Elliot Senior Behavioral Health, Physical Therapy, Radiology, Mammography, Laboratory, Coumadin clinic, health screenings and classes.

The center opened with a very small clinical staff that has since grown to more than 10 providers, including 6 Geriatricians, 4 nurse practitioners, 2 full time social workers, 2 lab technicians, 2 radiology technicians, and 4 physical therapists. The fitness center opened with just 60 members, but recently signed its 1000th member.

The Elliot Senior Health Center has also expanded its programs offered to the community, including computer classes, Medicare D assistance, cooking classes and on-site community clinics offered by the Visiting Nurse Association. All are offered in an effort to promote health and wellness within the senior community.

Elliot Senior Health Primary Care is one of the few practices in New Hampshire to have Geriatricians who are physicians who have specialized training in the unique healthcare needs of seniors. Together with geriatric-trained Nurse Practitioners and Social Workers, they offer coordinated care and a comprehensive approach to promoting healthy-aging. Building on the success of Elliot Senior Health Primary Care, Elliot recently opened a second primary care practice in Londonderry located in the Elliot Medical Center.

Photo caption: Five-year gym members celebrate the anniversary of the Elliot Senior Health Center.