

PSORIASIS RELIEF TAILORED TO YOU!

by Keri Grande, RN Elliot Dermatology at River's Edge



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o you have dry, red, itchy, flaky skin? Do you have a scalp that won't stop flaking? Has it been years since you've worn the color black because you're embarrassed by shedding skin? Do your nails peel or crumble? Have you been told you have psoriasis?

The new Elliot Dermatology at River's Edge is proud to announce the arrival of state-of-the-art treatments for your psoriasis.

Psoriasis is an inherited, chronic (long-lasting) disease. It develops when a person's immune system tells skin cells to grow too quickly. New skin cells form in days, rather than weeks. This can lead to rough, red, scaly patches on the skin that are both uncomfortable and unsightly. Psoriasis can even happen in your joints, leading to something called Psoriatic Arthritis, a serious, painful condition that your dermatologist can help you manage.

If you think that you might have psoriasis, or you already know you do, Elliot Dermatology can help. At your first visit, you and your provider will discuss your type of psoriasis and the various treatment options available. For those with severe psoriasis that has not responded to ointments and creams, we now offer light and laser therapies that are proven to be safe and effective alternatives. Our state-of-the-art Daavlin Phototherapy Booth uses light therapy to treat psoriasis and other skin conditions including eczema and vitiligo. The Daavlin Phototherapy Booth looks much like a tanning booth, although it is quite different. Using a special type of light, called narrow band UVB, this therapy slows down the skin cells that are growing too quickly. This prevents new rough, red, scaly patches from appearing, and helps reduce the number and size of the ones that are already on your skin. The treatment is painless and commonly requires a visit three times a week to our office for several weeks.

If you and your provider decide that laser treatment is more suitable, we offer the XTRAC Laser. This type of treatment is better for patients with smaller patches of psoriasis, localized psoriasis, scalp psoriasis, and nail psoriasis. The XTRAC laser focuses a beam of laser light on the itchy, flaky, patches. The treatments are fast, painless, and are done right here in our office in a matter of minutes.

If you have Psoriasis and have already tried topical creams and ointments, the Daavlin Phototherapy Booth and XTRAC Laser will likely be covered by your insurance company. As always, Elliot Dermatology will be happy to assist you in finding out more about your coverage.

Even if you don't have psoriasis, Elliot Dermatology wants to be your resource for all needs related to your skin health. From yearly skin exams, acne, moles, and other skin issues, to cosmetic enhancements such as Botox, Juvéderm, Restylane, and laser resurfacing, our Dermatologist, Sarit Itenberg, D.O. and Physician's Assistant, Shari Ashton, want to welcome you to Elliot Dermatology. For more information, or to schedule an appointment please contact us at 603-314-6930.

 **The Elliot.**
Live Better!