



HANDHOLD FOR HEAD & NECK PATIENTS

Handhold is a support group for Head and Neck Cancer patients and their caregivers. Each month we will meet to discuss topics of interest to those with this diagnosis. Tentative topics include: Nutrition; Dealing with fatigue; Work and Cancer and Exercise.

► DATES

January 21, February 18
and March 18.

4:00pm - 5:30pm

LOCATION

Remote via Zoom
& in person at the Elliot
Regional Cancer Center.

40 Buttrick Road
Londonderry, NH

MORE INFO

For more information
and to register,
call 603-552-1628.



Cancer Care

