



HANDHOLD FOR HEAD & NECK PATIENTS

Handhold is a support group for Head and Neck Cancer patients and their caregivers. Each month we will meet to discuss topics of interest to those with this diagnosis. Tentative topics include: Nutrition; Dealing with fatigue; Work and Cancer and Exercise.

► DATES

October 21 and
November 18, 2026.
4:00pm - 5:30pm

LOCATION

Remote via Zoom
& in person at the Elliot
Regional Cancer Center.
40 Buttrick Road
Londonderry, NH

MORE INFO

For more information
and to register,
call 603-552-1628.