

# ELLIOT

# GOES TO THE HOSPITAL

---

## MY BODY NEEDS AN MRI



Hi, my name is Elliot!

I'm going to the hospital  
because the doctors  
need pictures of the  
inside of my body.



To get my body ready for my MRI, I will not eat or drink anything the morning I come to the hospital.



I can choose to bring a comfort item with me from home!

When I get to the hospital, we will take an elevator to the second floor. Then, we will walk to the front desk to let them know we are here.

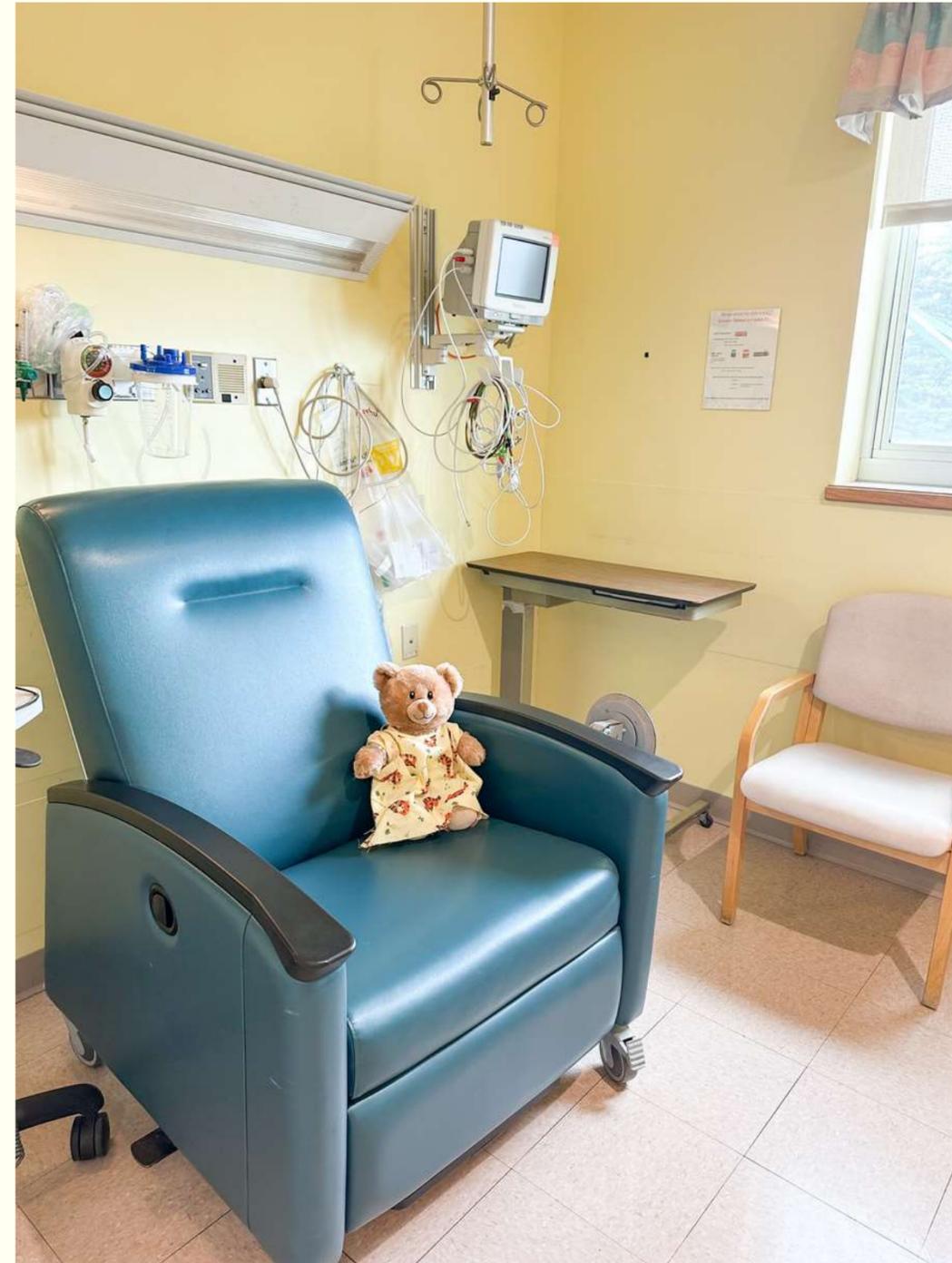




To see how tall I am, I will stand in front of this giraffe.

To see how much I weigh, I will stand on a scale.

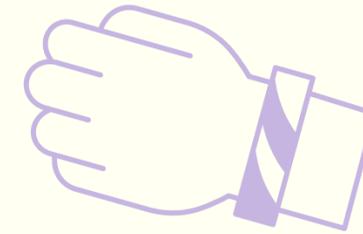




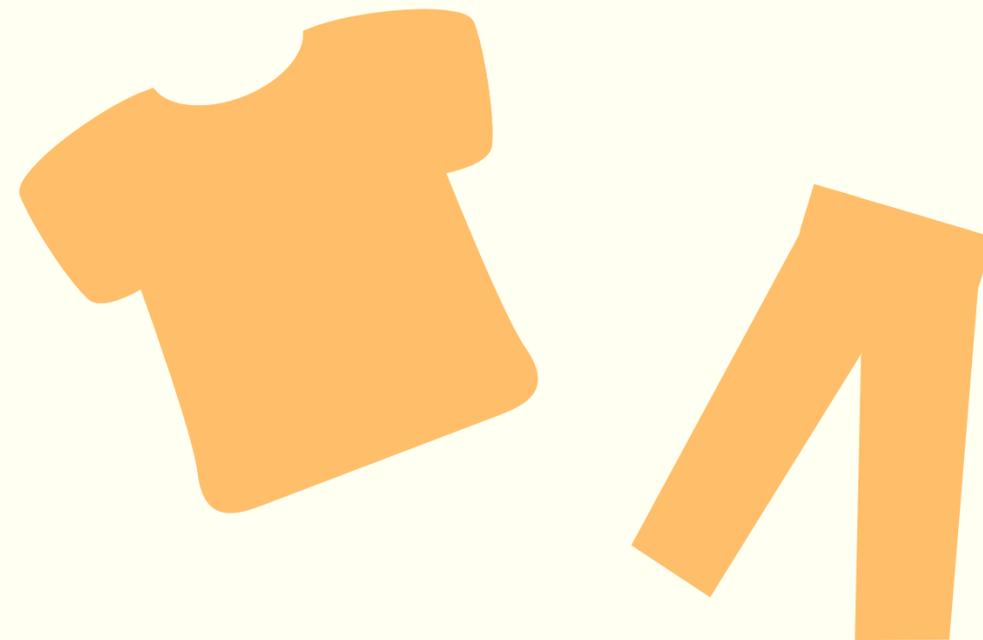
Then, they will bring us to another room.



I will get a bracelet with my name and birthday on it.

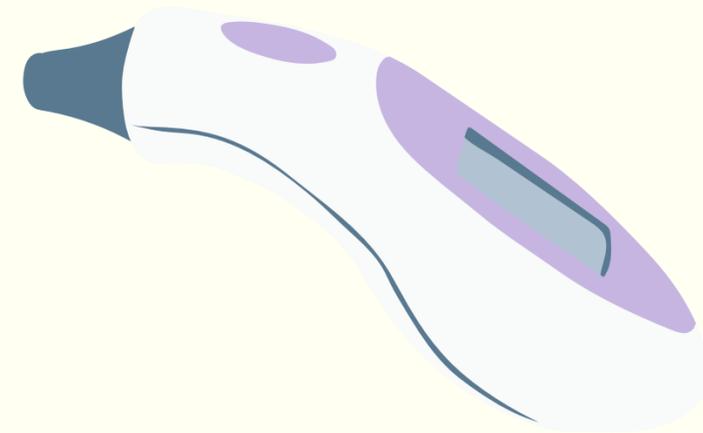


I may change into hospital pajamas.



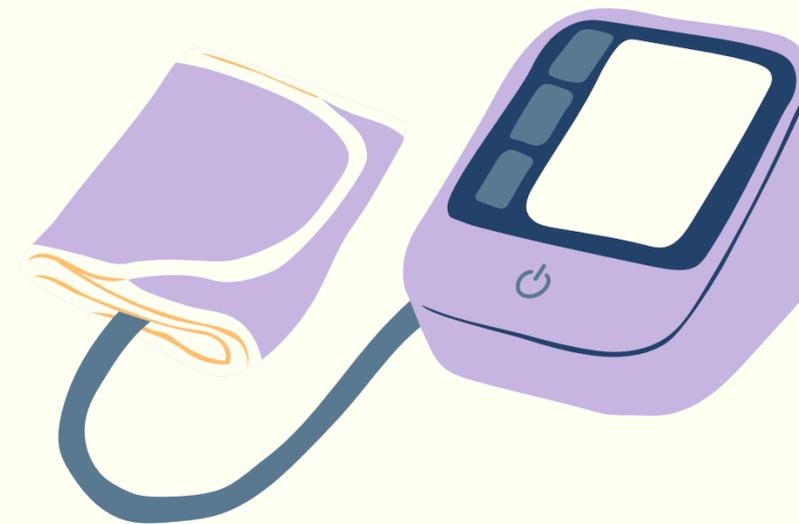


Someone will check my temperature with a wand that touches my forehead.

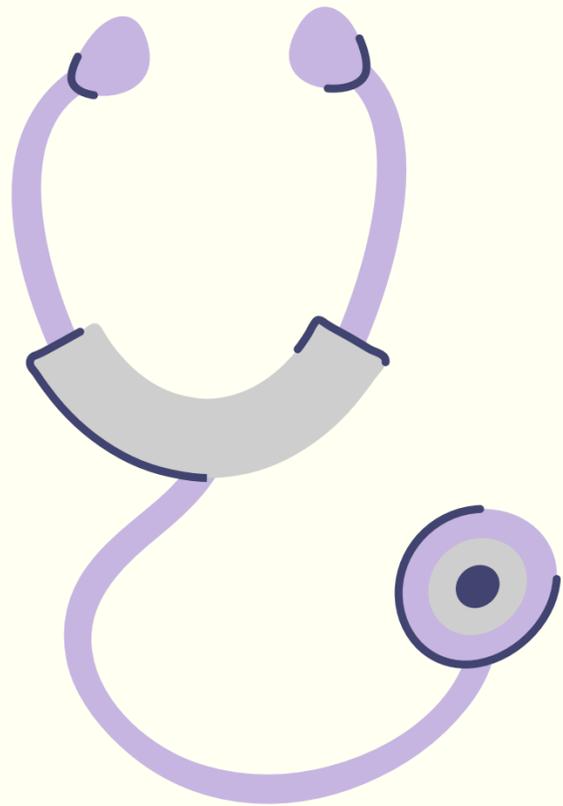




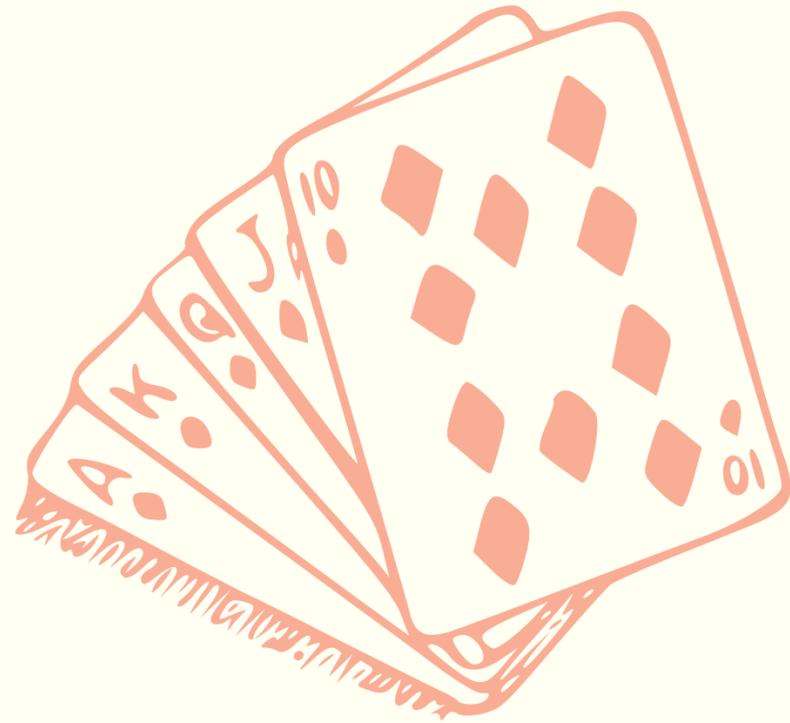
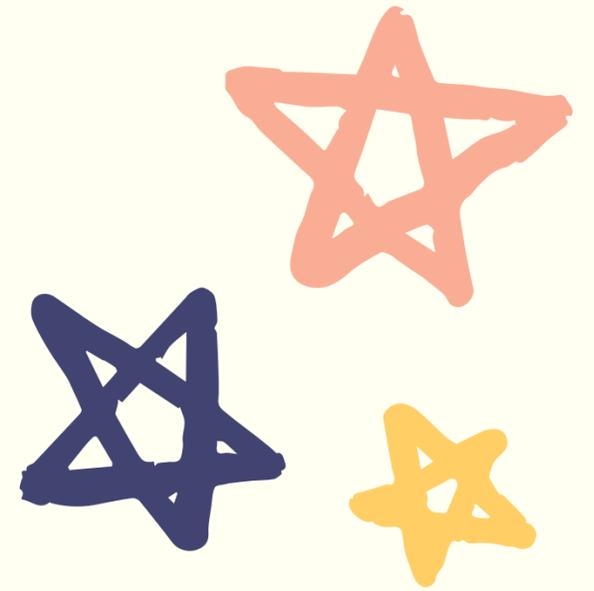
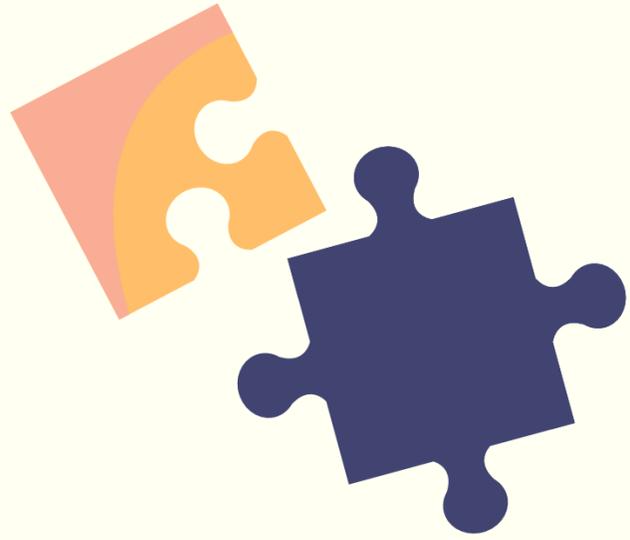
They will also check my blood pressure using a sleeve that gives my arm a hug.



To check my heart, lungs, and belly, they will use a stethoscope. They will ask me to take deep breaths.

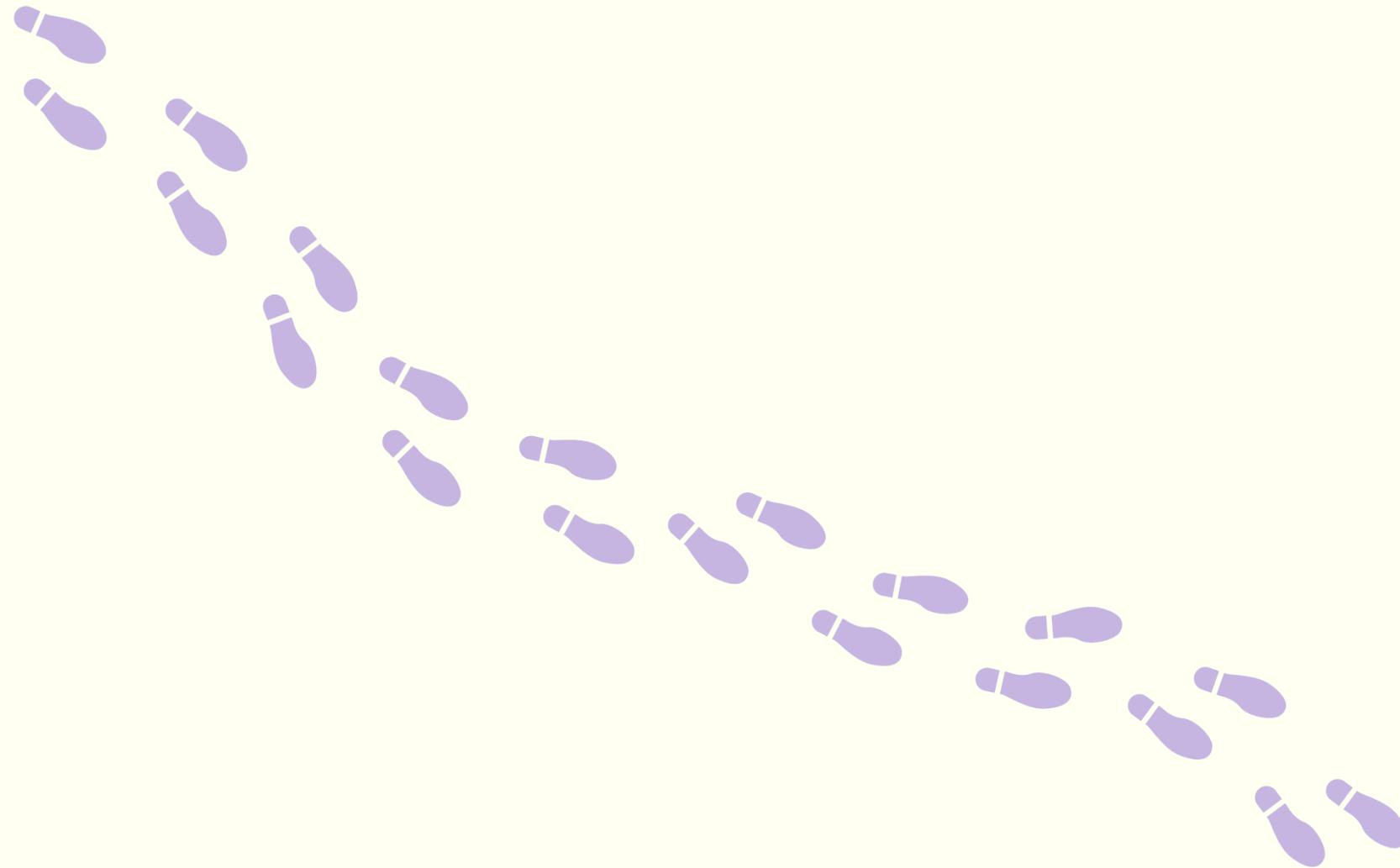


I can play until it's time for my MRI.





When it's time for my MRI, I will say "see you soon" to my grown-ups. Then, I will go to the MRI room.





This is the MRI camera. It looks like a giant donut.

I will lay on the MRI table. The MRI camera won't touch my body.

Zzzzzz...

Then, I will get cool air to breathe through a mask. I can still talk and laugh with this mask. I will start to feel sleepy.





When my MRI is done, I will wake up in a new room. My grown-ups will be there when I wake up.

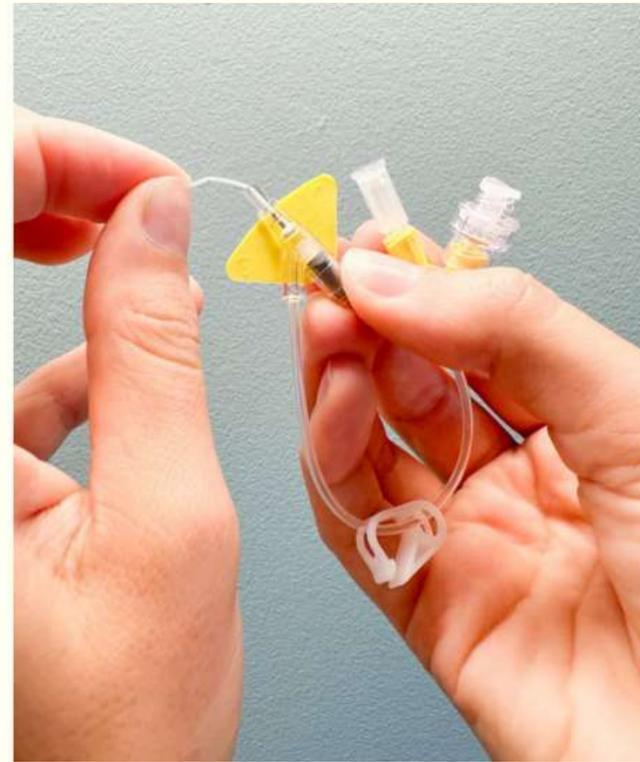
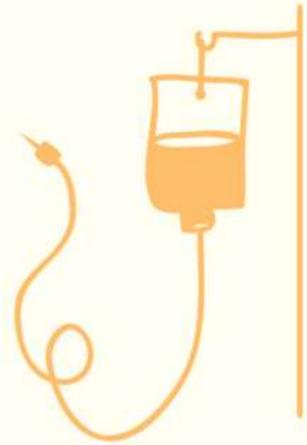
Then, I can go home.  
Everyone will be so proud of me!



**\*If the Anesthesiologist says your child needs an IV before they fall asleep, please see the steps below for IV placement preparation.**

**step 1**

My body may need medicine in my arm. I will get this medicine through a little bendy medicine straw called an IV.



**step 3**

There will be a quick poke to get the straw in the right place. The poke will come out and the straw will stay to give my body medicine.



**step 2**

To get ready for my IV, someone will look at my arm to find the right spot for the straw.



They will use a rubber band to give my arm a squeeze. Then, they will use a sponge to clean my arm.



**step 4**

A sticker will help the medicine straw stay in the right place. Medicine tubes will attach to the medicine straw like legos to give my body medicine.



Hospital visits can be intimidating for kids and teens.

*Please contact our Certified Child Life Specialist team with questions, concerns or to learn additional ways to support your child before and during their hospital visit.*

Office Phone: (603) 663-3416

Office Email: [sanderson2@elliott-hs.org](mailto:sanderson2@elliott-hs.org)

Please Note: Your child's plan of care may change from the steps listed, to meet your child's individual needs.