



ELLIOT GOES TO THE HOSPITAL

MY BODY NEEDS A CLEAN OUT



Hi, my name is Elliot!

I'm going to the hospital
because the doctors saw
my poop is stuck. My
body needs a cleanout to
get better.



Lots of kids come to the hospital for cleanouts. To get my body ready for my cleanout, I will make sure to not eat or drink anything the morning I come to the hospital.



I can choose to bring toys or a comfort item from home!

When I get to the hospital, we will take
an elevator to the third floor.

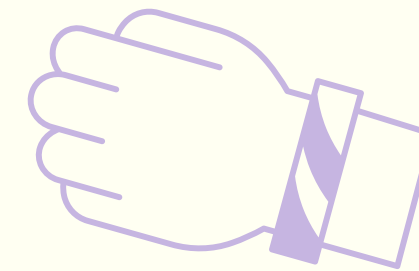




Someone will bring us to my hospital room.



I will get a bracelet with my name and birthday on it.

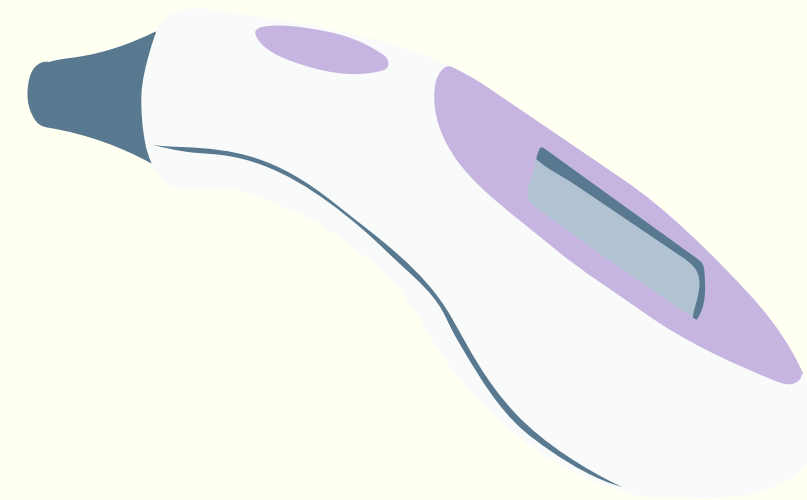


I can wear my own comfy clothes from home or wear hospital pajamas.

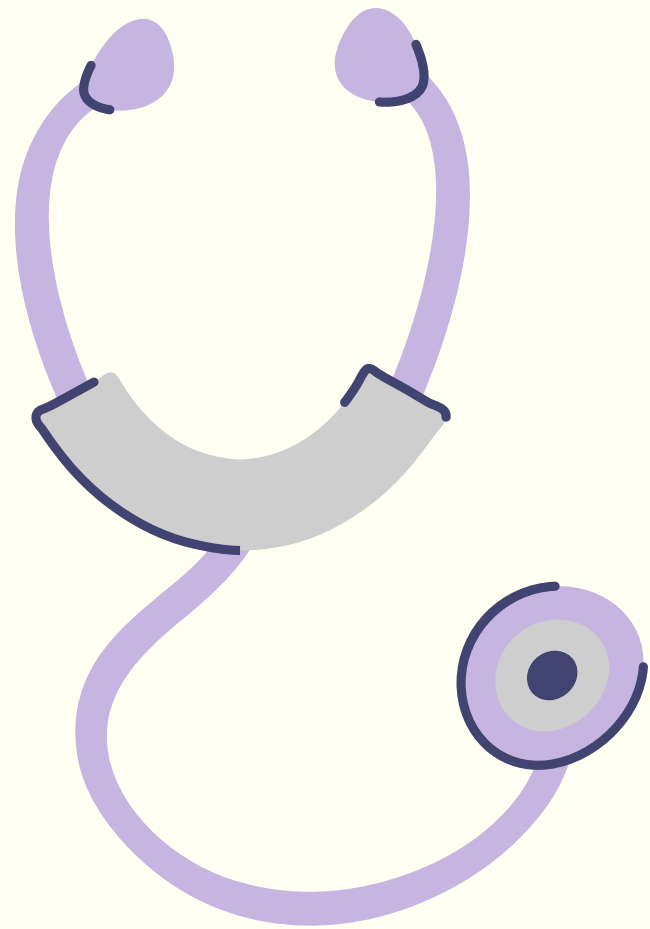




There are lots of friendly people to help get me ready for my cleanout. Someone will check my temperature with a wand that touches my forehead.

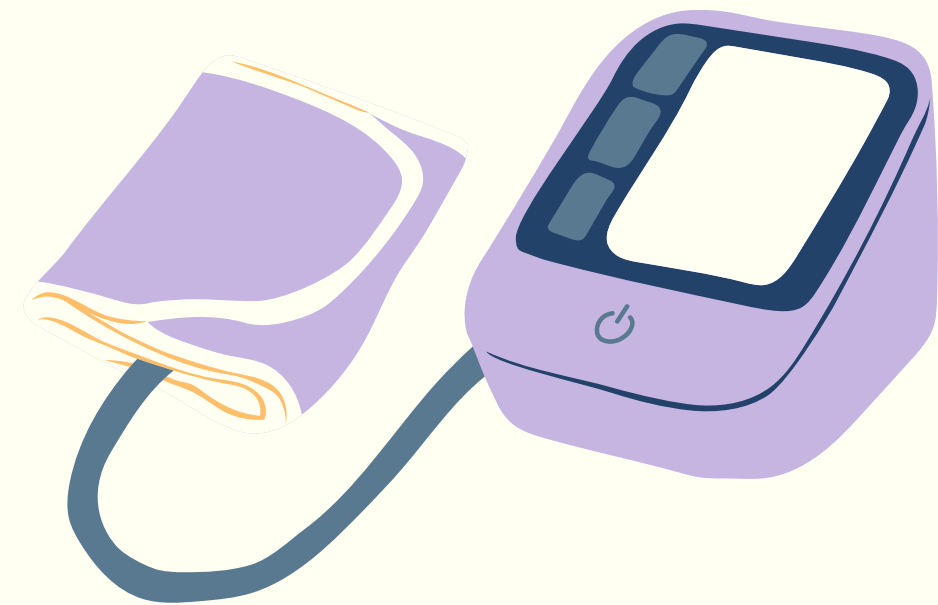


To check my heart, lungs, and belly, they will use a stethoscope. They will ask me to take deep breaths.



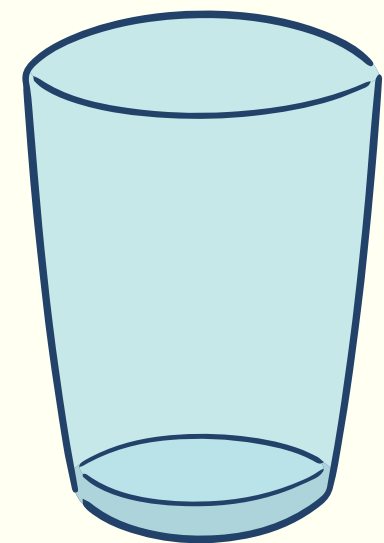


They will also check my blood pressure using a sleeve that gives my arm a hug.

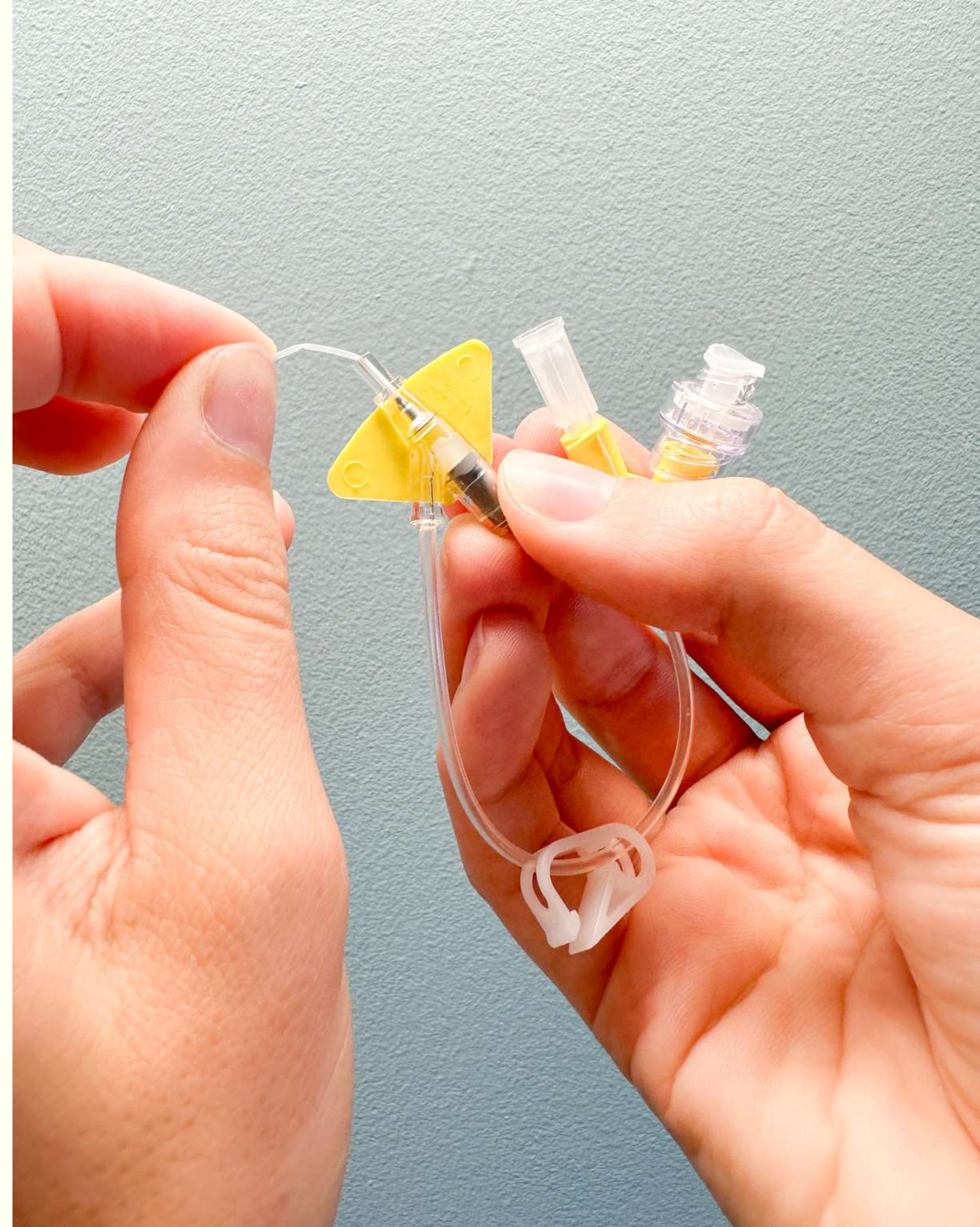
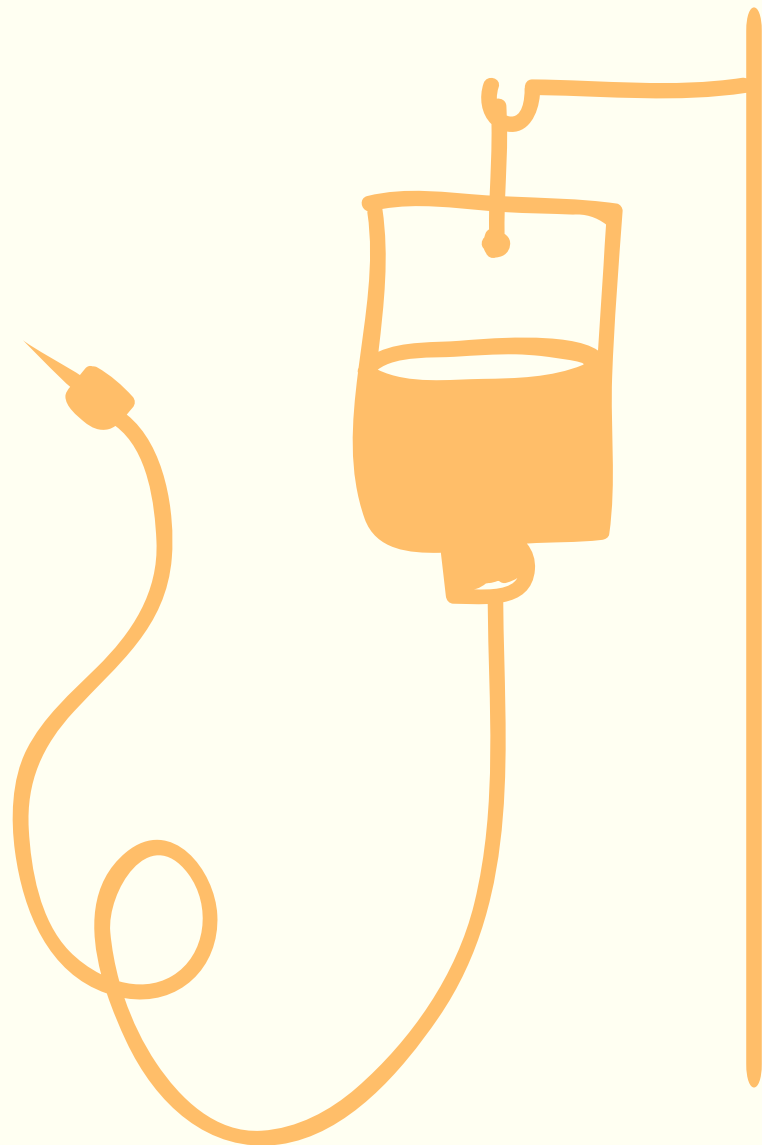




I might get medicine to help my body get ready for my cleanout. I may drink medicine through a medicine tube or a cup.

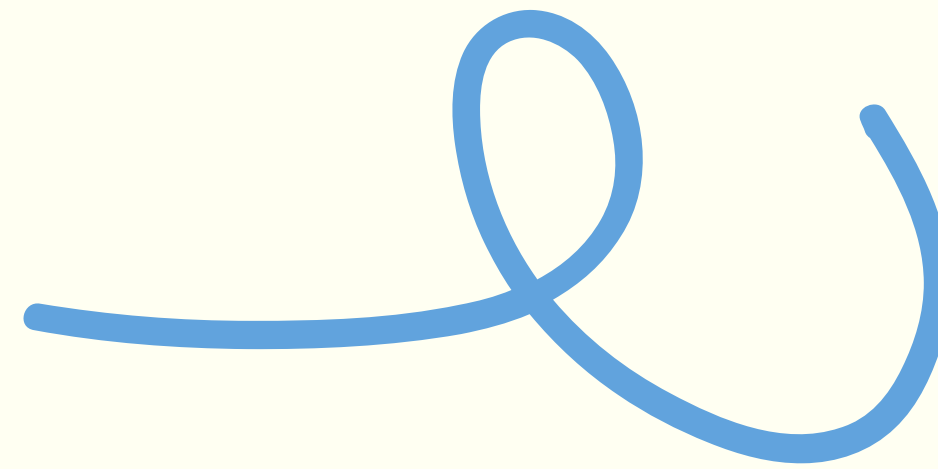


My body will get more medicine
through a little bendy medicine
straw called an IV.





To get ready for my IV, someone will look at my arm to find the right spot for the straw.



They will use a rubber band to give my arm a squeeze. Then, they will use a sponge to clean my arm.



There will be a quick poke to get the straw in the right place. The poke will come out and the straw will stay to give my body medicine.



A sticker will help the medicine straw stay in the right place. Medicine tubes will attach to the medicine straw like legos to give my body medicine.

Another tube will give medicine right to my belly. This tube is called an NG tube. My NG tube will go in my nose and down to my belly.

Once the tube is in the right place, they will place a sticker on my cheek to help keep it still.



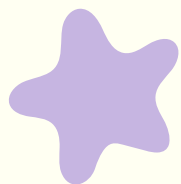
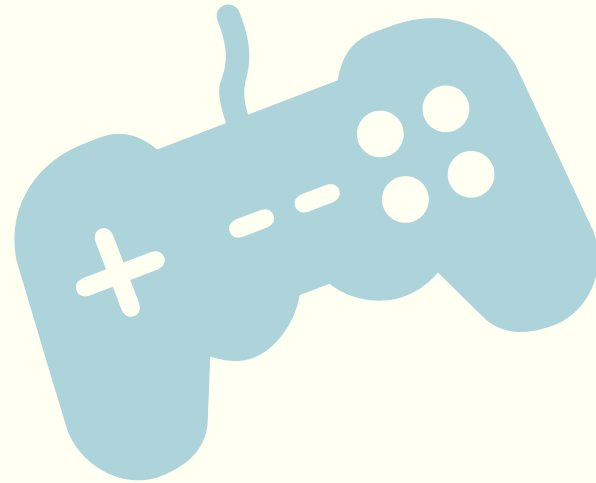
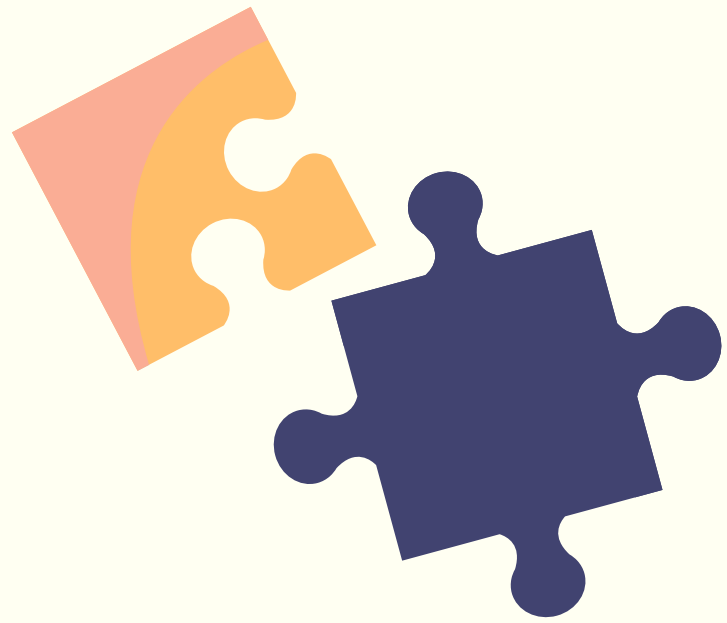
My body might also need medicine that goes in my bum.





All this medicine will make my body poop. I will have a special potty close to my bed and my own bathroom.

I can play while I wait for my body to poop.



When my poop is all unstuck, I can go home.
Everyone will be so proud of me!



Hospital visits can be intimidating for kids, teens, and adults.

*Please contact our **Certified Child Life Specialist** team with questions, concerns or to learn additional ways to support your child before and during their hospital visit.*

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Office Email: sanderson2@elliott-hs.org

Please Note: Your child's plan of care may change from the steps listed, to meet your child's individual needs.