Child Life Specialist Available Monday - Friday 7:00am-5:30pm

Elliot

ELLIOT **GOES TO THE HOSPITAL**

OVERNIGHT AT THE HOSPITAL



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Hi, my name is Elliot!

I'm going to the hospital because the doctors need to help my body feel better.



Lots of kids come to the hospital. There is a place in this hospital made just for kids and their grown-ups! It's called the Pediatric Unit!



To enter the Pediatric Unit, someone will press the door bell.



There is a playroom, with toys and activities to play with while I'm here.

I can choose to bring toys or a comfort item from home too!



There are wagons and cars I may be able to ride in, if my grown-ups and I want to go for a walk around the unit.



I will have my own hospital room, with a bathroom too.



There will be a chair, that turns into a bed, for my grown-up to sleep next to me.



I will have a TV in my room and they can bring toys, activities, and games right to my hospital bed!





I will get a bracelet with my name and birthday on it.

I can wear my own clothes from home or wear hospital pajamas.



They may put stickers with strings on my body, under my hospital pajamas. These stickers tell them how my body is working.



Machines and computers make beeping noises at the hospital. I can choose to turn on some quiet music, a sound machine, or the TV.

I am a nightlight and a sound machine! Feel free to use me anytime!



While I am here, there are lots of friendly people to help take care of me and to check on my body. Someone may check my temperature with a wand that touches my forehead.



To check my heart, lungs, and belly, they will use a stethoscope. They will ask me to take deep breaths.







They will also check my blood pressure using a sleeve that gives my arm a hug.





My care team may wear a blue gown, gloves, and a mask! These items help keep their body and my body safe while in the hospital.



I can play and relax while my body gets better.





When my body is feeling better and the doctor says it is okay, I can go home. Everyone will be so proud of me!





If you have additional questions or concerns regarding how to support your child with their upcoming admission, or any tests / procedures, please contact our team of Certified Child Life Specialists.

Office Phone: (603) 663-3416

Please Note: Your child's plan of care may change from the steps listed, to meet your child's individual needs.