



ELLIOT
GOES TO THE HOSPITAL

MY BODY NEEDS SURGERY

 **The Elliot**
A Member of  SOLUTIONHEALTH

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Hi, my name is Elliot!

I'm going to the hospital because my body needs surgery. Doctors at the hospital will help my body feel better.



Lots of kids come to the hospital for surgery.
To get my body ready for surgery, I will not
eat or drink anything the morning I come to
the hospital.



I can choose to bring a toy or a comfort item
with me from home!

When I get to the hospital, we will take an elevator to the surgery floor. Then, we will walk to the front desk to let them know we are here.





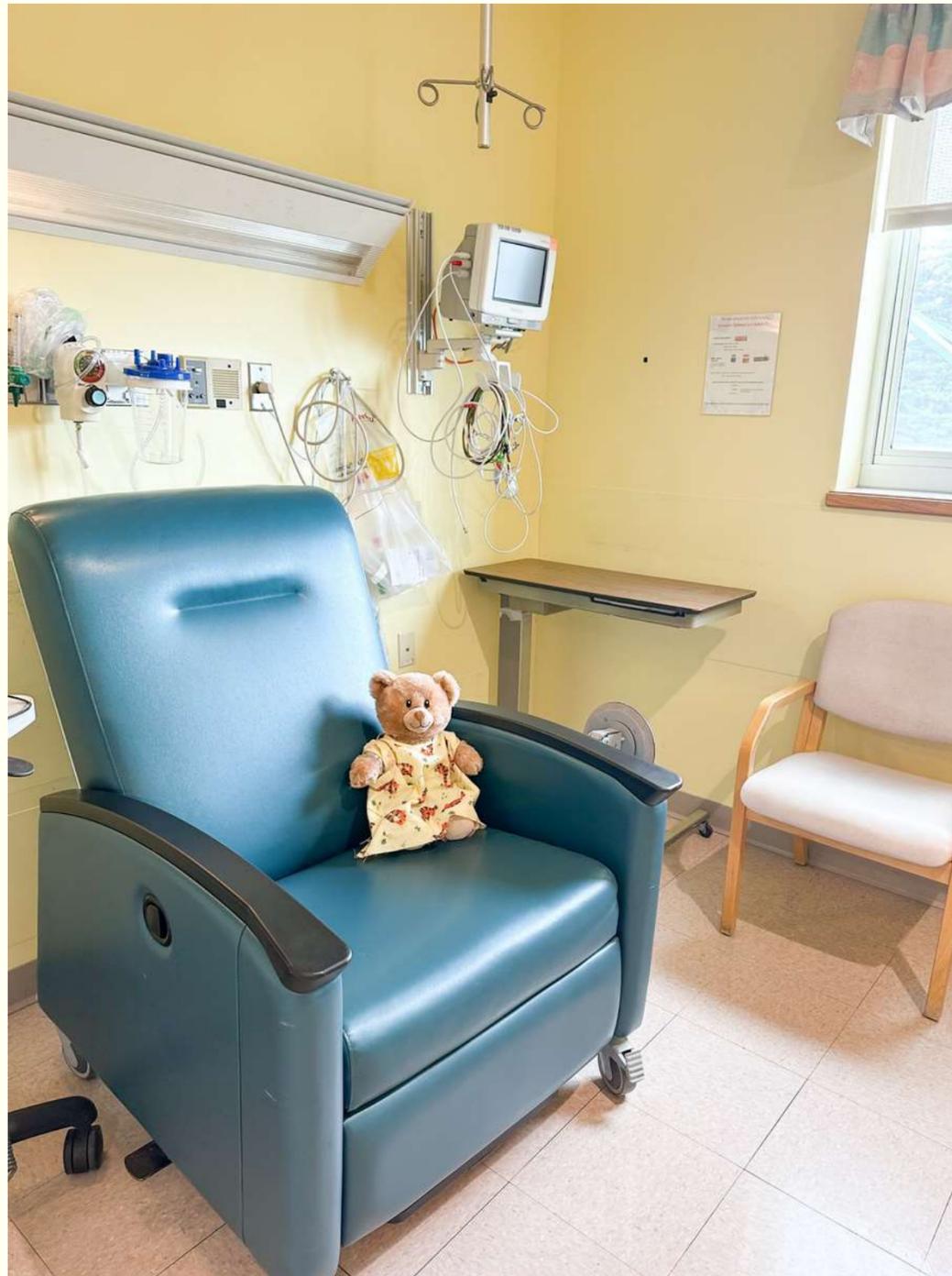
They will measure how tall I am.

They will check how much I weigh. I will stand on a scale.





Then, they will bring us to another room.

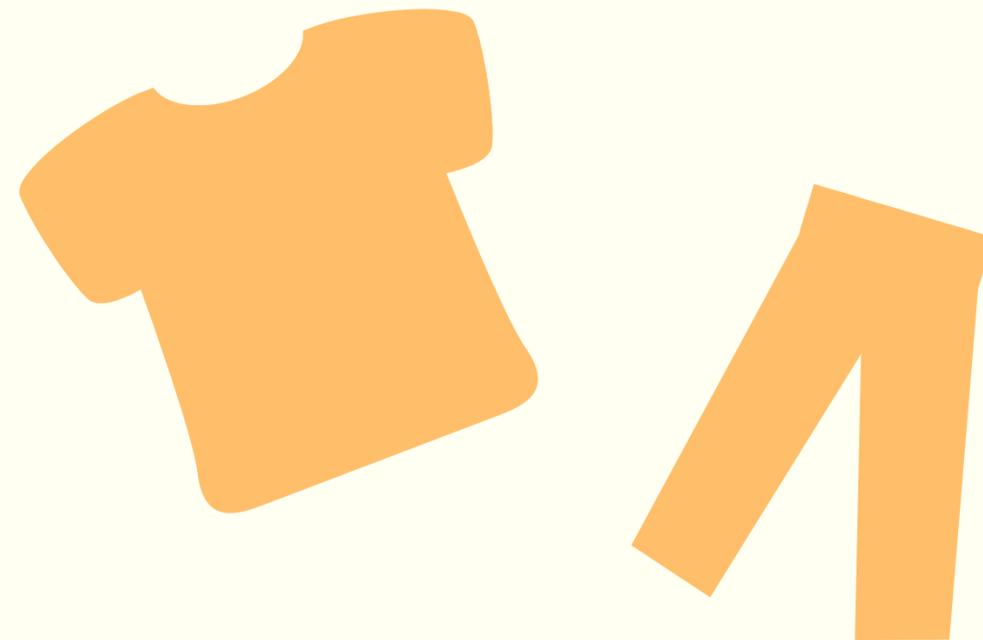


Doctors and nurses in hospital clothes will come and say “hi!”.
They are my surgery team.



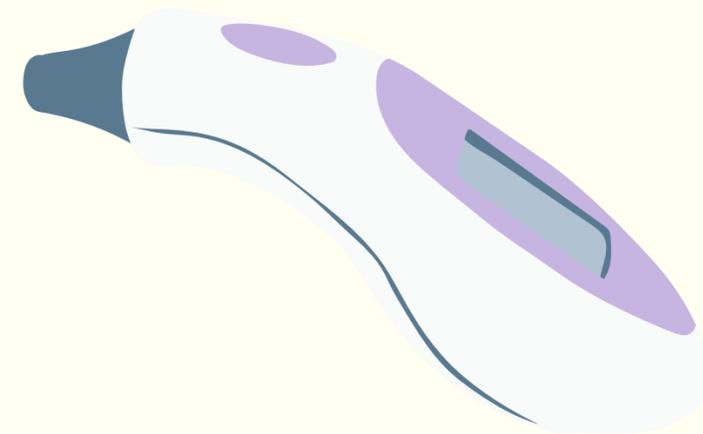
I will get a bracelet with my name
and birthday on it.

I will change into hospital pajamas.



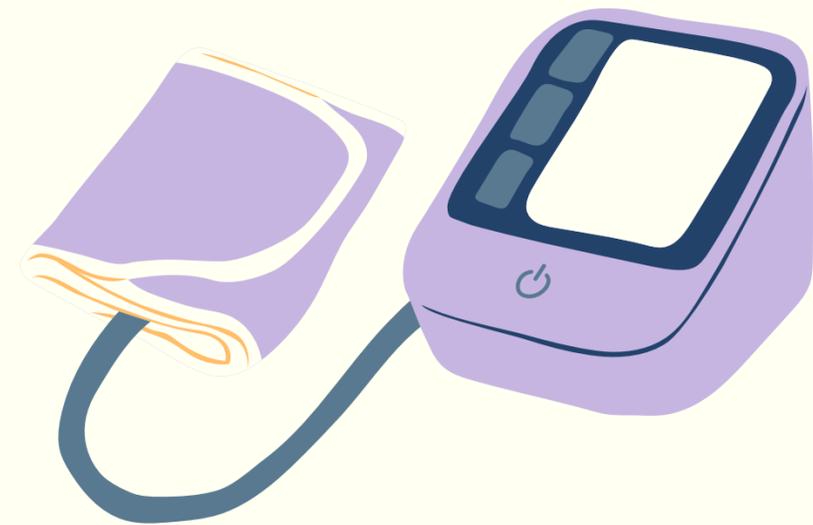


Someone will check my temperature with a wand that touches my forehead.

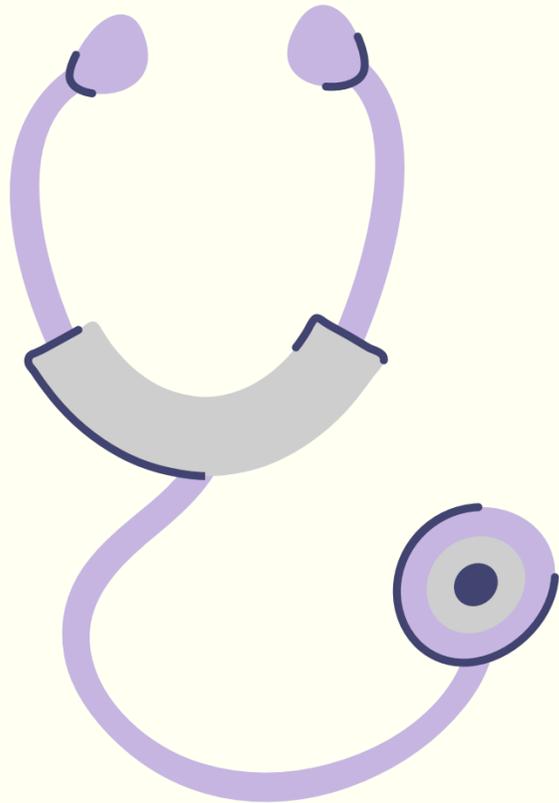




They will also check my blood pressure using a sleeve that gives my arm a hug.

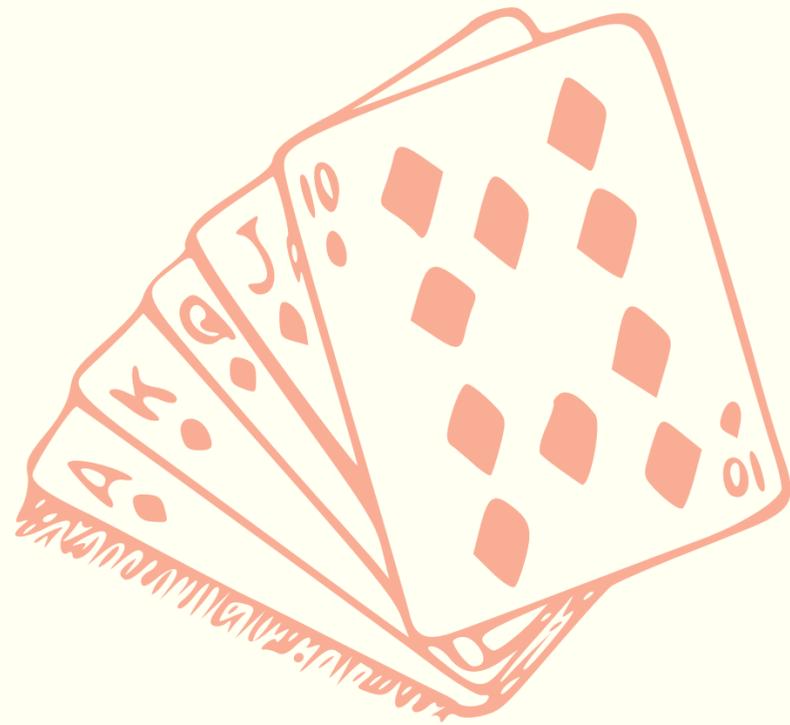
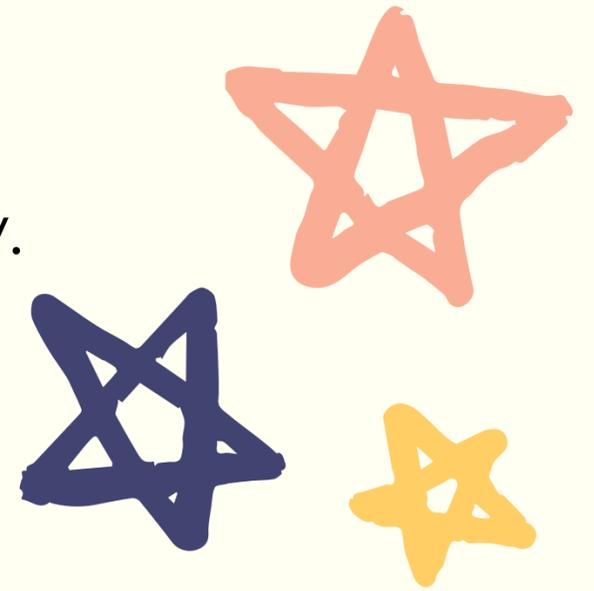
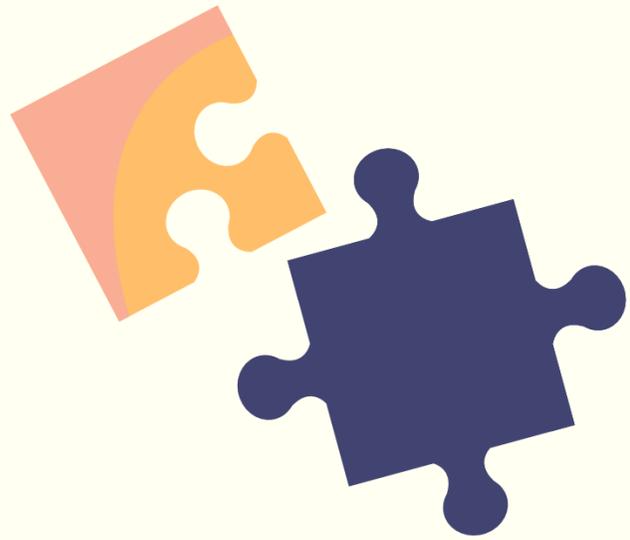


To check my heart, lungs, and belly, they will use a stethoscope. They will ask me to take deep breaths.



I can play until it's time for my surgery.

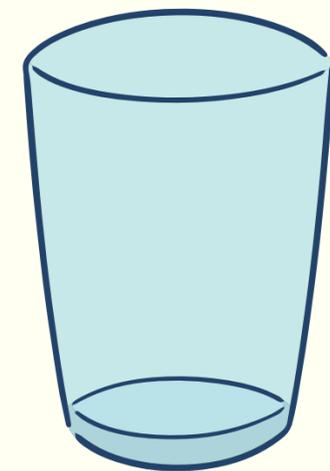
My surgery team will come check on me while I play.





I might get some medicine to help my body get ready for my surgery.

I may get medicine through a squirty medicine tube like this, or a cup.





When it's time for my surgery, I will say "see you soon" to my grown-ups. I may ride on a wheelie bed to the surgery room. The surgery room has computers and bright lights. I will lay on a table like this. My surgery team will be there with me.



They might put stickers with strings on my body, under my hospital pajamas. These stickers tell the doctor how my body is working while I'm asleep.



Then, I will get cool air to breathe through a mask like this. I can still talk and laugh with my mask.





When my surgery is done, they will stop giving my body special sleepy medicine and I will wake up.

I will be in a new room when I wake up. My grown-ups will be there with me.

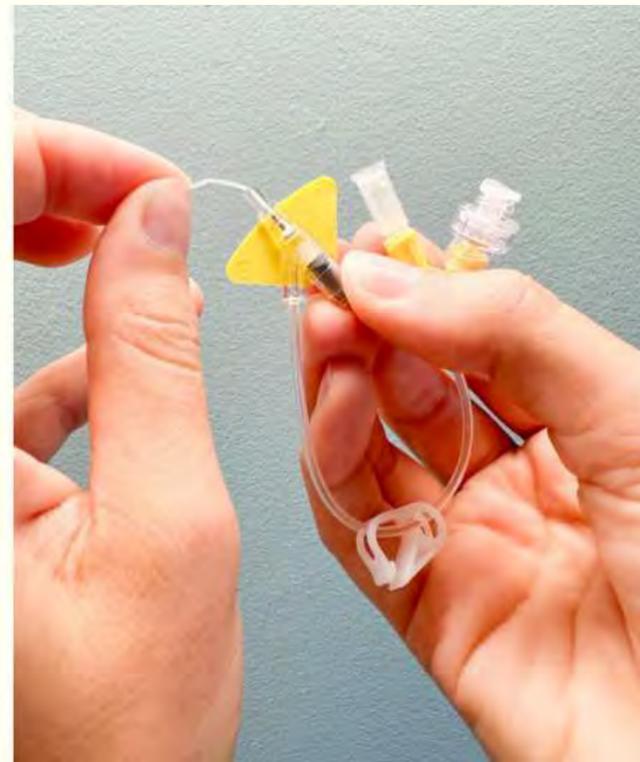
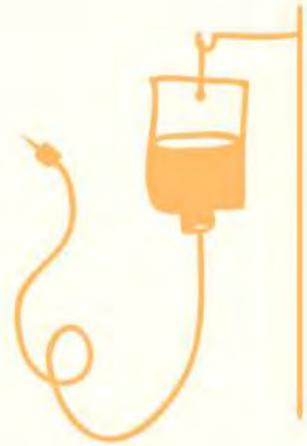
Everyone will be so proud of me!



***If the Anesthesiologist says your child needs an IV before they fall asleep, please see the steps below for IV placement preparation.**

step 1

My body may need medicine in my arm. I will get this medicine through a little bendy medicine straw called an IV.



step 3

There will be a quick poke to get the straw in the right place. The poke will come out and the straw will stay to give my body medicine.



step 2

To get ready for my IV, someone will look at my arm to find the right spot for the straw.



They will use a rubber band to give my arm a squeeze. Then, they will use a sponge to clean my arm.



step 4

A sticker will help the medicine straw stay in the right place. Medicine tubes will attach to the medicine straw like legos to give my body medicine.

Hospital visits can be intimidating for kids and teens.

*Please contact our **Certified Child Life Specialist** team to learn additional ways to support your child before and during their hospital visit.*

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Please Note: Your child's plan of care may change from the steps listed, to meet your child's individual needs.