Child Life Specialist Available Monday - Friday 7:00am-5:30pm

Elliot

ELLIOT **GOES TO THE HOSPITAL**

MY BODY NEEDS A SWALLOW STUDY



2024 Elliot Hospital Child Life Program

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Hi, my name is Elliot!

I'm going to the hospital because the doctor needs pictures to see how my body swallows.







Lots of kids come to the hospital to get pictures of the inside of their body. The hospital uses a special camera called an x-ray.

I can choose to bring a comfort item with me from home!

When I get to the hospital, we will walk to the Radiology front desk to let them know we are here.



6

Then, we will sit down. A Radiology Technologist will come meet us.





This is the x-ray camera. It takes pictures of the inside of my body. It will see how my body swallows. The x-ray camera will not touch my body.



*If your child uses an assisted seated device, please let the care team know. They may be able to do the study with your child in their assisted seating device.

When it's time, I will sit in a chair like this, next to the x-ray camera.

They will put a seatbelt on me.

My grown-up and the Speech Therapist will stay in the room with me. They will wear a special dress like this.

*Caregivers, please speak with your child's care team if you have any concerns about being in the room during your child's x-ray.



My job is to drink the special drink they give me and to eat the food we brought from home. They will put a white dip on my food, so they can see the food in my pictures.

I can bring food from home and my favorite cup!



I will keep the rest of my body still while I eat and drink, so my pictures come out clear.

I can look at a book, watch a video or listen to music.

*Caregivers, please bring a picture book and/ or electronic device from home if this would be helpful for your child.



I will see the x-ray light turn on for my pictures. The light will be bright.



The light will shine on my body, but the x-ray camera will not touch my body.



The people who are helping with my pictures will be sitting in a little room behind a window. I will see and hear them.



I will take bites and sips until my pictures are all done.



When my pictures are all done, I can go home. Everyone will be so proud of me!





If you have additional questions or concerns regarding how to support your child with their upcoming test / procedure, please contact our team of Certified Child Life Specialists.

Office Phone: (603) 663-3416

Please Note: Your child's plan of care may change from the steps listed, to meet your child's individual needs.