

Handhold for Head and Neck Patients



WHAT ARE WE OFFERING?

Handhold is a support group for Head and Neck Cancer patients and their caregivers. Each month we will meet to discuss topics of interest to those with this diagnosis. Tentative topics include: Nutrition; Dealing with fatigue; Work and Cancer and Exercise.

▶ DATE

Jan 18, Feb 15,
Mar 15, Apr 19,
May 17 and Jun 21
4 to 5:30

LOCATION

Remote & in person
at the Elliot Regional Cancer
Center, 40 Buttrick Road,
Londonderry, NH

MORE INFO

For more
information and
to register call
603-552-1628

 **The Elliot**

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