If you get vaccinated, you’re protected and less likely to spread the flu virus to the people you come in contact with everyday. Practice good hygiene. Wash your hands frequently, especially after touching shared surfaces, and remember to sneeze into your arm.

One person. You CAN make a difference.

SATURDAY, NOVEMBER 9
8AM-12 NOON

Elliot Family Medicine at Bedford
25 Leavy Road | Bedford

CALL YOUR PRIMARY CARE PHYSICIAN’S OFFICE TO SCHEDULE YOUR FLU SHOT APPOINTMENT. CLINICS ARE BY APPOINTMENT ONLY.

The CDC recommends the flu shot to everyone age 6 months and older.
For more information, please go to www.cdc.gov/flu or contact your physician’s office.

It Just Takes 1
Prevent the Flu! Get Vaccinated!

Elliot Health System
WE ARE SOLUTION HEALTH