



 **Elliot Health System**
WE ARE **SOLUTION**HEALTH

Handhold for Head and Neck Patients

What are We Offering?

Handhold is a support group for Head and Neck Cancer patients and their caregivers. Each month we will meet to discuss topics of interest to those with this diagnosis. Tentative topics include: Nutrition; Dealing with fatigue; Work and Cancer and Exercise.

Date

January 20;
February 17;
and March 17,
4 - 5:30pm

Location

Remote

More Info

For more
information and
to register call
603-552-1628

