

Perinatal Depression Web Resources for Healthcare Providers

Website	Description
Arkansas http://www.uams.edu/angels/dream	Antenatal and Neonatal Guidelines Education and Learning System (ANGELS) includes protocols, medication information and guidelines, screening tools and resources, research and patient information and materials
Illinois http://www.psych.uic.edu/research/perinatalmentalhealth http://www.hfs.illinois.gov/mch http://www.ppdil.org	Provider treatment guidelines, perinatal depression consultation service, billing and record-keeping procedures, consumer information
Indiana http://www.indianaperinatal.org	Curriculum and protocols embedded in 15pg consensus statement, perinatal mood disorders guide, decision tree, consumer products
Maryland http://www.healthynewmoms.org	Consumer booklet in many languages, information for providers.
*Massachusetts http://www.womensmentalhealth.org	Links to literature, excellent evidence-based materials for consumers
*Nebraska http://www.neprovidereducation.org/Depression/login.php	Educational modules for providers, phone line and web resources, medication chart, screening pathway
New Jersey http://www.state.nj.us/health/fhs/ppd/index.shtml	Discipline-specific treatment, literature review, consumer materials, brochure, posters.
Pennsylvania Perinatal Partnership http://www.paperinatal.org/contents/view/24 Perinatal Depression Information Network http://pdinfonetwork.org/	<u>Perinatal Depression Project</u> , includes screening, resources for consumers and providers, medication, and treatment pathways <u>PD Info Network</u> : National networking and information sharing among states to promote adoption of best practices and stimulate cross-state collaborations.
Washington http://steppingup.washington.edu/default.asp http://steppingup.washington.edu/keys/default.htm	"Keys to Postpartum Depression" multi-media training modules
Wisconsin http://www.perinatalweb.org	Web-based curriculum with CMEs, blueprint for action, excellent resources for providers. "Simple Things to Do When You Are Blue" tear-off sheets
American Academy of Family Physicians http://familydoctor.org/online/etc/medialib/famdoc/docs/ppd-actionplan.Par.0001.File.dat/ppd_actionplan.pdf	Depression Self-Care Action Plan
Center for Postpartum Adjustment http://www.postpartumsupport.com/	Self-screening tools, information for consumers
Center for Postpartum Health http://www.postpartumhealth.com/	Resources, articles, more consumer-based
Here to Help http://www.heretohelp.bc.ca/	Interactive toolkits, self-screening tests, learning modules, patient education in multiple foreign languages
KEMPE http://www.kempe.org	Guidelines for screening for OBs and Pediatricians
MCH Library http://www.mchlibrary.info/KnowledgePaths/kp_postpartum.html	Knowledge path/comprehensive resources
MedEdPPD http://www.mededppd.org	Evidence-based resources for providers and consumers; slide library, CME modules, screening tools, decision pathway, patient videos to illustrate PP blues vs. PPD vs. psychosis
Online PPD Support http://www.ppdsupportpage.com	Resources and support; "PP Contract", "Crisis Plan", "Post-Crisis Worksheet"
Postpartum Dads http://www.postpartumdads.org	Excellent support resources for dads and families.
Postpartum Progress http://www.postpartumprogress.typepad.com	Most widely read blog on PPD, written by a survivor, advocate, and board member of Postpartum Support International.
Postpartum Stress Center http://www.postpartumstress.com	Both self-screening tools and tools for provider use
Postpartum Support International (PSI) http://www.postpartum.net	Links for self-screening, web forums, and support groups by state, information for dads/families.
Support and Training to Enhance Primary Care for PPD http://www.step-ppd.com	Online course to provide education, resources, and support to primary care providers for improved management of PPD in primary care settings.