

MEDIA RELEASE

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Elliot Hospital to Provide “Stop the Bleed” Training to Teachers and School Staff in Goffstown and New Boston

On Tuesday, February 11, close to 200 teachers and school staff members in Goffstown and New Boston received free Stop the Bleed training as part of an in-service professional development program. The two-hour class was conducted by emergency medical clinicians from Elliot Hospital, with assistance from both the Goffstown and Bedford fire departments. The training took place at Mountain View Middle School from 9:30 – 11:30 am and 1:00 – 3:00 pm.

Stop the Bleed is a national awareness campaign directed by the American College of Surgeons that is intended to encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives. Hands-on training sessions are designed to emphasize the use of tourniquets, direct pressure, and wound packing to properly and effectively stop blood flow.

“Bleeding is the leading cause of preventable death during a trauma,” says Michael Kelley, BSN, RN, NR-P, TCRN, Emergency Medical Services Coordinator at Elliot Hospital and lead instructor in the Stop the Bleed training program. “A person who is bleeding can die from blood loss within five minutes, therefore it’s important to quickly stop the blood loss. Those nearest to someone with life threatening injuries are best positioned to provide immediate care.”

Kelley adds: “When we think of the types of situations where this type of training might be useful, we tend to think of active shooter or mass casualty incidents involving lots of people. But serious injuries can happen anytime, anywhere—home, work, school. The more people who receive Stop the Bleed training and feel confident using the techniques learned, the better.”

Tuesday’s Stop the Bleed event was orchestrated by Goffstown resident and Derry Fire Captain Ryan Bump and his wife Nicole. Parents to two boys attending elementary school in town, the couple met with SAU 19 Superintendent Brian Balke in the spring of 2019 to discuss how they might contribute to school safety in Goffstown and New Boston. The three noted Stop the Bleed equipment and training as gaps and have since worked with a variety of community members to fill it—including Kelley, Balke, and Maria Boylan, DO, New Boston parent and physician at Elliot Family Medicine.

“Nicole and I are passionate about equipping our local schools to prevent and respond to active shooter situations,” says Bump. “We’re encouraged by the many people in our community that have given their time and talent to make this event possible, and we hope to inspire others to work with us on future safety projects.”

If you are interested in learning more about Stop the Bleed training, please contact Michael Kelley at 603-663-3039 or mkelley@elliott-hs.org.

About Elliot Health System, a member of SolutionHealth - Elliot Health System is a non-profit organization serving the healthcare needs of the community since 1890. The largest provider of comprehensive healthcare services in Southern New Hampshire, Elliot Hospital, a 296-bed acute care facility and the first community hospital in the state, serves as the cornerstone of the health system. Elliot is home to Manchester’s designated Regional Trauma Center, Elliot Breast Health Center, Elliot Urgent Care, a Level 3 Newborn Intensive Care Unit, Elliot Medical

Group, Elliot Regional Cancer Center, Elliot Senior Health Center, Visiting Nurse Association of Manchester and Southern New Hampshire, 1-Day Surgery Center, Elliot Memory & Mobility Center, NH Arthritis Center, Elliot Retail Pharmacy, Elliot Medical Centers in Bedford, Londonderry, Hooksett, and The Elliot at River's Edge.

About SolutionHealth - SolutionHealth is a highly coordinated, regional health care network founded by Elliot Health System and Southern New Hampshire Health. Its purpose is to better serve the health care needs and interests of southern New Hampshire as a region by improving and increasing access, quality, value, and community benefits.

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