

## ELLIOT HOSPITAL

### CREREDENTIALING CRITERIA FOR THERAPEUTIC INJECTIONS (APRNs)

APRNs will be required to complete an online and hands-on course designed specifically for Nurse Practitioners, Physician Assistants & Physicians.

The course has two components. First, an online segment followed by a hands-on, model-based learning session. This course provides a better understanding of injection techniques by providing practical application, concise instructions, and abundant 'hands on' practice time with rented models.

The online course covers the most common in-office injection techniques including indications/contraindications, examination techniques, and obviously procedural techniques. The course covers far more than what our nurse practitioners will actually be doing. We will choose models most relevant to our practice; this will likely include thorax, neck, and head. The rentable models are anatomically correct with sensors that will make an audible tone to ensure proper needle tip placement. This course is approved for a maximum of 8.5 contact hour(s) of continuing education (which includes 2.0 hours of pharmacology) by the American Academy of Nurse Practitioners. **Program ID 1307290.**

<http://injectioncourses.com/>

Upon completion of both arms of the course, the Nurse Practitioners will then be proctored for each specific procedure as follows:

5 patients – occipital nerve block

5 patients – acromioclavicular joint block

5 patients – greater trochanteric bursa injection

10 patients – thorax and lumbar spine trigger point injections (including paraspinous erector muscles)

10 patients – neck and shoulder girdle trigger point injections

Brian D. Klagges, M.D., D.A.B.A.  
Director, Interventional Spine Center at River's Edge  
Pain Management Center

Approved by BOT: 8/20/15; \* 9/19/19

*\*Italicized date above indicates review only (no changes)*